

## Riverhead Charter School 2025-26 Elementary School Lunch Menu May 2026

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

Alternate Cold Lunches Available Daily: Sandwich on Whole Wheat Bread (Turkey, Turkey & Cheese, or Cheese) , Garden Salad, Fruit, and Choice of Milk.

No pork products on the menu. Please report any food allergy to the school nurse.

Monday	Tuesday	Wednesday	Thursday	Friday
				1  1/2 Day  No Lunch
4	5	6	7	8
Grilled Chicken Breast  Whole Wheat Roll  Sweet Green Peas   Fresh Apple	Chicken & Dumplings  Brown Rice  Mixed Vegetables  Fresh Plum	Seasoned Ground Beef & Shredded Cheese  Whole Wheat Tortilla  Pinto Beans  Taco Slaw  Fresh Mandarin Orange	Breaded Chicken on a Whole Wheat Bun    Braised Kale  Fresh Apple	Tony's Cheese Pizza    Glazed Carrots  100% Juice
11	12	13	14	15
Turkey & Cheese Sandwiches Whole Wheat Bread  Homemade Potato Salad   Fresh Apple	Mixed Green Salad  Grilled Chicken Breast  Whole Wheat Roll  Fresh Mandarin Orange	1/2 Day  No Lunch	Oven Fried Chicken  Brown Rice & Peas  String Beans, Vegetarian Baked Beans Canned Fruit Cup	Tony's Cheese Pizza   Glazed Carrots  100% Juice
18	19	20	21	22
Chicken Nuggets  Mac "N" Cheese   Tater Tots  Fresh Apple	Seasoned Ground Beef & Shredded Cheese  Whole Wheat Tortilla  Pinto Beans  Taco Slaw  Fresh Mandarin Orange	Turkey & Cheese Sandwiches  Whole Wheat Bread  Green Salad  Fresh Pear	Swedish Meatballs  Whole Wheat Pasta  Broccoli  Apple Sauce	Tony's Cheese Pizza   Glazed Carrots  100% Juice
25	26	27	28	29
School Closed    MEMORIAL DAY	Grilled Chicken  Brown Rice Black Beans  Steamed Broccoli  Fresh Mandarin Orange	Lasagna w/ Ground Beef  Whole Wheat Dinner Roll   Sweet Green Peas  Fresh Pear	Chicken & Dumplings  Mixed Vegetables   Brown Rice  Canned Fruit Cup	Tony's Cheese Pizza   Glazed Carrots  100% Juice