

Riverhead Charter Elementary School Breakfast Menu May 2026

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

All grain products are whole grain-rich. No pork products on the menu.

Please report any food allergy to the school nurse.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Whole Grain Blueberry Muffin Loaf
				Fresh Orange
				100% Apple Juice
4	5	6	7	8
Whole Grain Honey Nut Cheerios	Whole Grain Cinnamon Chex	Whole Grain Banana Muffin Loaf	Whole Wheat Blueberry Bagel Grape Jelly	Whole Grain Corn Muffin Loaf
Graham Cracker Bears Fresh Orange	Graham Cracker Bears Fresh Apple	Cinnamon Applesauce	Fresh Apple	Fresh Orange
100% Apple Juice	100% Grape Juice	100% Fruit Juice Punch	100% Grape Juice	100% Apple Juice
11	12	13	14	15
Multigrain Reduced Sugar Frosted Flakes	Cinnamon Toast Crunch	Whole Grain Banana Muffin Loaf	Whole Wheat Bagel Grape Jelly	Whole Grain Blueberry Muffin Loaf
Graham Cracker Bears Fresh Orange	Graham Cracker Bears Fresh Apple	Cinnamon Applesauce	Fresh Apple	Fresh Orange
100% Apple Juice	100% Grape Juice	100% Fruit Juice Punch	100% Grape Juice	100% Apple Juice
18	19	20	21	22
Whole Grain Honey Nut Cheerios	Whole Grain Cinnamon Chex	Whole Grain Banana Muffin Loaf	Whole Wheat Blueberry Bagel Grape Jelly	Whole Grain Corn Muffin Loaf
Graham Cracker Bears Fresh Orange	Graham Cracker Bears Fresh Apple	Cinnamon Applesauce	Fresh Apple	Fresh Orange
100% Apple Juice	100% Grape Juice	100% Fruit Juice Punch	100% Grape Juice	100% Apple Juice
25	26	27	28	29
School Closed	Cinnamon Toast Crunch	Whole Grain Banana Muffin Loaf	Whole Wheat Bagel Grape Jelly	Whole Grain Blueberry Muffin Loaf
MEMORIAL DAY	Graham Cracker Bears Fresh Apple	Cinnamon Applesauce	Fresh Apple	Fresh Orange
	100% Grape Juice	100% Fruit Juice Punch	100% Grape Juice	100% Apple Juice