

Riverhead Charter School 2025-26 High School Lunch Menu April 2026

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

Alternate Cold Lunches Available Daily: Sandwich on Whole Wheat Bread (Turkey, Turkey and Cheese, or Cheese) , Garden Salad, Fruit, Juice, and Choice of Milk.

No pork products on the menu. Please report any food allergy to the school nurse.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Tony's Cheese Pizza	School Closed	School Closed
		Glazed Carrots		
		Fresh Pear & Grape Juice		
6	7	8	9	10
School Closed	School Closed	School Closed	School Closed	School Closed
13	14	15	16	17
Hamburger or Cheeseburger on a Whole Grain Bun	Seasoned Diced Chicken Breast w/ Shredded Cheese	Beef Meatball Hero	Jerk Chicken	Tony's Cheese Pizza
Oven Baked Fries	Brown Rice & Tortilla Strips	Marinara Sauce	Dark Green Salad	Glazed Carrots
Fresh Apple & Grape Juice	Black Beans Shredded Lettuce, Salsa Cinnamon Applesauce & 100% Fruit Punch	Braised Kale	Whole Wheat Bread	Cinnamon Applesauce & 100% Fruit Punch
Fresh Pear & Grape Juice		Fresh Pear & Grape Juice	Fresh Apple & Grape Juice	
20	21	22	23	24
Chicken Nuggets	Seasoned Ground Beef & Shredded Cheese	Chicken Cutlet with Marinara & Cheese	Turkey and Cheese Sandwich on Whole Wheat	Tony's Cheese Pizza
Whole Grain French Toast Sticks	Whole Wheat Tortilla	Soft Hero Bread		
Syrup	Pinto Beans	Mixed Vegetables	Braised Kale	Glazed Carrots
Tater Tots	Taco Slaw	Fresh Pear & Grape Juice	Fresh Apple & Grape Juice	Cinnamon Applesauce & 100% Fruit Punch
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27	28	29	30	
Hamburger or Cheeseburger on a Whole Grain Bun	Grilled Chicken	Lasagna w/ Ground Beef	Brown Stewed Chicken	
Oven Baked Fries	Brown Rice & Tortilla Strips	Whole Wheat Dinner Roll	Brown Rice & Peas	
Fresh Apple & Grape Juice	Black Beans	String Beans	Dark Green Salad	
	Shredded Lettuce, Salsa	Fresh Pear & Grape Juice	Fresh Apple & 100% Fruit Punch	
	Cinnamon Applesauce & 100% Fruit Punch			