

Riverhead Charter Middle School Breakfast Menu February 2026

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

All grain products are whole grain-rich. No pork products on the menu.

Please report any food allergy to the school nurse.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice	Whole Grain Blue Muffin Loaf Fresh Apple 100% Grape Juice	Cinnamon Toast Crunch Graham Cracker Bears Cinnamon Applesauce 100% Fruit Juice Punch	Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice	Yogurt Granola Fresh Orange 100% Apple Juice
9	10	11	12	13
Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice	Whole Grain Banana Muffin Loaf Fresh Apple 100% Grape Juice	Whole Grain Cinnamon Chex Graham Cracker Bears Cinnamon Applesauce 100% Fruit Juice Punch	Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice	Yogurt Granola Fresh Orange 100% Apple Juice
16	17	18	19	20
School Closed WINTER RECESS	School Closed WINTER RECESS	School Closed WINTER RECESS	School Closed WINTER RECESS	School Closed WINTER RECESS
23	24	25	26	27
Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice	Whole Grain Corn Muffin Loaf Fresh Apple 100% Grape Juice	Whole Grain Cinnamon Chex Graham Cracker Bears Cinnamon Applesauce 100% Fruit Juice Punch	Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice	Yogurt Granola Fresh Orange 100% Apple Juice