

Riverhead Charter High School Breakfast Menu February 2026

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

All grain products are whole grain-rich. No pork products on the menu.

Please report any food allergy to the school nurse.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| 2 | 3 | 4 | 5 | 6 |
| Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice | Whole Grain Blue Muffin Loaf String Cheese Fresh Apple 100% Grape Juice | Cinnamon Toast Crunch Graham Cracker Bears Cinnamon Applesauce 100% Fruit Juice Punch | Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice | Yogurt Granola Fresh Orange 100% Apple Juice |
| 9 | 10 | 11 | 12 | 13 |
| Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice | Whole Grain Banana Muffin Loaf String Cheese Fresh Apple 100% Grape Juice | Whole Grain Cinnamon Chex Graham Cracker Bears Cinnamon Applesauce 100% Fruit Juice Punch | Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice | Yogurt Granola Fresh Orange 100% Apple Juice |
| 16 | 17 | 18 | 19 | 20 |
| School Closed WINTER RECESS | School Closed WINTER RECESS | School Closed WINTER RECESS | School Closed WINTER RECESS | School Closed WINTER RECESS |
| 23 | 24 | 25 | 26 | 27 |
| Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice | Whole Grain Banana Corn Loaf String Cheese Fresh Apple 100% Grape Juice | Whole Grain Cinnamon Chex Graham Cracker Bears Cinnamon Applesauce 100% Fruit Juice Punch | Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice | Yogurt Granola Fresh Orange 100% Apple Juice |