

**Riverhead Charter School May 2025 Elementary Lunch Menu**  
**All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)**

**Alternate Lunches Available Daily: Turkey and Cheese on Whole Wheat Bread OR Cheese Sandwich on Whole Wheat Bread , Garden Salad, Fruit, and Choice of Milk.**

**No pork products on the menu. Please report any food allergy to the school nurse.**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Whole Grain Chicken Alfredo  Seasoned Carrots  Fresh Apple	<b>2</b> Tony's Cheese Pizza  Cabbage & Mixed Vegetables  Mandarin Orange Cup
<b>5</b> Turkey Sausage Patty  Whole Grain French Toast Sticks  Syrup Tater Tots Fresh Apple	<b>6</b> Sauteed Chicken Breast  Brown Rice  Glazed Carrots Mixed Fruit Cup	<b>7</b> Beef Meatballs  Whole Wheat Penne Pasta  Marinara Sauce Steamed Broccoli Fresh Pear	<b>8</b> Cheeseburger on a WG Bun   Vegetarian Baked Beans Fresh Apple	<b>9</b> Tony's Cheese Pizza   Seasoned Green Beans Mandarin Orange Cup
<b>12</b> Chicken Nuggets  Whole Grain Waffle  Syrup Tater Tots Fresh Apple	<b>13</b> Honey Lemon Chicken Whole Wheat Bread Slices (2)  Roasted Potatoes Green Beans Mixed Fruit Cup	<b>14</b> Salisbury Steak w/ Gravy  Whole Grain Biscuit  Mashed Potatoes Glazed Carrots Fresh Pear	<b>15</b> Chicken Strips w/ Creamy Mac & Cheese  Vegetarian Baked Beans Fresh Apple	<b>16</b> Tony's Cheese Pizza   Steamed Broccoli Mandarin Orange Cup
<b>18</b> Turkey Sausage Patty Whole Grain Pancakes  Syrup Tater Tots Fresh Apple	<b>20</b> Pesto Chicken Brown Rice  Black Beans Mixed Fruit Cup	<b>21</b> Lasagna w/ Ground Beef Whole Wheat Dinner Roll  Green Beans Fresh Pear	<b>22</b> BBQ Chicken Whole Grain Dinner Roll  Glazed Carrots Fresh Apple	<b>23</b>      <b>School Closed</b>
<b>26</b>      <b>School Closed</b>	<b>27</b> Chicken Tenders Whole Grain Biscuit Potato Wedges Vegetarian Baked Beans Mixed Fruit Cup	<b>28</b> Beeted Up Italian Meat Sauce Whole Wheat Penne Pasta  Steamed Broccoli Fresh Pear	<b>29</b> Whole Grain Chicken Alfredo   Glazed Carrots Fresh Apple	<b>30</b> Tony's Cheese Pizza  Cabbage & Mixed Vegetables  Mandarin Orange Cup