

May 2025

Riverhead Charter Elementary School Breakfast Menu

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

All grain products are whole grain-rich. No pork products on the menu.

Please report any food allergy to the school nurse.

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>Cinnamon Toast Crunch</p> <p>Graham Cracker Bears Fresh Apple</p> <p>100% Grape Juice</p>	<p>2</p> <p>Whole Grain Blueberry Muffin Loaf</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>
<p>5</p> <p>Whole Grain Honey Nut Cheerios</p> <p>Graham Cracker Bears</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>	<p>6</p> <p>Whole Wheat Blueberry Bagel</p> <p>Grape Jelly</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p>7</p> <p>Whole Grain Banana Muffin Loaf</p> <p>Mandarin Orange Cup</p> <p>100% Apple Juice</p>	<p>8</p> <p>Whole Grain Cinnamon Chex</p> <p>Graham Cracker Bears</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p>9</p> <p>Whole Grain Corn Muffin Loaf</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>
<p>12</p> <p>Multigrain Reduced Sugar Frosted Flakes</p> <p>Graham Cracker Bears</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>	<p>13</p> <p>Whole Wheat Bagel</p> <p>Grape Jelly</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p>14</p> <p>Whole Grain Banana Muffin Loaf</p> <p>Mandarin Orange Cup</p> <p>100% Apple Juice</p>	<p>15</p> <p>Cinnamon Toast Crunch</p> <p>Graham Cracker Bears</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p>16</p> <p>Whole Grain Blueberry Muffin Loaf</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>
<p>18</p> <p>Multigrain Reduced Sugar Frosted Flakes</p> <p>Graham Cracker Bears</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>	<p>20</p> <p>Whole Wheat Bagel</p> <p>Grape Jelly</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p>21</p> <p>Whole Grain Banana Muffin Loaf</p> <p>Mandarin Orange Cup</p> <p>100% Apple Juice</p>	<p>22</p> <p>Cinnamon Toast Crunch</p> <p>Graham Cracker Bears</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p>23</p> <p>School Closed</p>
<p>26</p> <p>School Closed</p>	<p>27</p> <p>Whole Wheat Bagel</p> <p>Grape Jelly</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p>28</p> <p>Whole Grain Banana Muffin Loaf</p> <p>Mandarin Orange Cup</p> <p>100% Apple Juice</p>	<p>29</p> <p>Cinnamon Toast Crunch</p> <p>Graham Cracker Bears Fresh Apple</p> <p>100% Grape Juice</p>	<p>30</p> <p>Whole Grain Blueberry Muffin Loaf</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>