

Riverhead Charter School February 2025 Elementary Lunch Menu
All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

Alternate Lunches Available Daily: Turkey and Cheese on Whole Wheat Bread OR Cheese Sandwich on Whole Wheat Bread , Garden Salad, Fruit, and Choice of Milk.

No pork products on the menu. Please report any food allergy to the school nurse.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Nuggets Whole Grain Waffle Syrup Tater Tots Fresh Apple	4 Chicken Tenders Whole Grain Biscuit Potato Wedges Vegetarian Baked Beans Mixed Fruit Cup	5 Beefed Up Italian Meat Sauce Whole Wheat Penne Pasta Steamed Broccoli Fresh Pear	6 Whole Grain Chicken Alfredo Seasoned Carrots Fresh Apple	7 HALF DAY
10 Turkey Sausage Patty Whole Grain French Toast Sticks Syrup Tater Tots Fresh Apple	11 Sauteed Chicken Breast Brown Rice Glazed Carrots Mixed Fruit Cup	12 Beef Meatballs Whole Wheat Penne Pasta Marinara Sauce Steamed Broccoli Fresh Pear	13 Cheeseburger on a WG Bun Vegetarian Baked Beans Fresh Apple	14 Tony's Cheese Pizza Seasoned Green Beans Mandarin Orange Cup
17 HOLIDAY	18 HOLIDAY	19 HOLIDAY	20 HOLIDAY	21 HOLIDAY
24 Turkey Sausage Patty Whole Grain Pancakes Syrup Tater Tots Fresh Apple	25 Pesto Chicken Brown Rice Black Beans Mixed Fruit Cup	26 Lasagna w/ Ground Beef Whole Wheat Dinner Roll Green Beans Fresh Pear	27 BBQ Chicken Whole Grain Dinner Roll Glazed Carrots Fresh Apple	28 Tony's Cheese Pizza Steamed Broccoli Mandarin Orange Cup