

**December 2024**

**Riverhead Charter Elementary School Breakfast Menu**

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

All grain products are whole grain-rich. No pork products on the menu.

Please report any food allergy to the school nurse.

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b> Multigrain Reduced Sugar Frosted Flakes  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>3</b> Whole Wheat Bagel  Grape Jelly  Fresh Apple  100% Grape Juice	<b>4</b> Whole Grain Banana Muffin Loaf  Mandarin Orange Cup  100% Apple Juice	<b>5</b> Cinnamon Toast Crunch  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>6</b> Whole Grain Blueberry Muffin Loaf  Fresh Orange  100% Apple Juice
<b>9</b> Whole Grain Honey Nut Cheerios  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>10</b> Whole Wheat Blueberry Bagel Grape Jelly  Fresh Apple  100% Grape Juice	<b>11</b> Whole Grain Banana Muffin Loaf  Mandarin Orange Cup  100% Apple Juice	<b>12</b> Whole Grain Cinnamon Chex  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>13</b> Whole Grain Corn Muffin Loaf  Fresh Orange  100% Apple Juice
<b>16</b> Multigrain Reduced Sugar Frosted Flakes  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>17</b> Whole Wheat Bagel  Grape Jelly  Fresh Apple  100% Grape Juice	<b>18</b> Whole Grain Banana Muffin Loaf  Mandarin Orange Cup  100% Apple Juice	<b>19</b> Cinnamon Toast Crunch  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>20</b> Whole Grain Blueberry Muffin Loaf  Fresh Orange  100% Apple Juice
<b>23</b>   <b>School Closed</b>	<b>24</b>   <b>School Closed</b>	<b>25</b>   <b>School Closed</b>	<b>26</b>   <b>School Closed</b>	<b>27</b>   <b>School Closed</b>
<b>30</b>   <b>School Closed</b>	<b>31</b>   <b>School Closed</b>			