

## Riverhead Charter School June 2024 Elementary Breakfast Menu

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)

All Grain Products are Whole Grain. No Pork Products on the Menu. Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery. Please report any food allergy to the school nurse.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Whole Grain Honey Nut Cheerios  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>4</b> Whole Wheat Blueberry Bagel Grape Jelly  Fresh Apple  100% Grape Juice	<b>5</b> Whole Grain Banana Muffin Loaf  Mandarin Orange Cup  100% Apple Juice	<b>6</b> Whole Grain Cinnamon Chex  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>7</b> Whole Grain Corn Muffin Loaf  Fresh Orange  100% Apple Juice
<b>10</b> Multigrain Reduced Sugar Frosted Flakes  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>11</b> Whole Wheat Bagel Grape Jelly  Fresh Apple  100% Grape Juice	<b>12</b> Whole Grain Banana Muffin Loaf  Mandarin Orange Cup  100% Apple Juice	<b>13</b> Cinnamon Toast Crunch  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>14</b> Whole Grain Blueberry Muffin Loaf  Fresh Orange  100% Apple Juice
<b>17</b> Whole Grain Honey Nut Cheerios  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>18</b> Whole Wheat Blueberry Bagel Grape Jelly  Fresh Apple  100% Grape Juice	<b>19</b>  <b>NO SCHOOL</b>	<b>20</b> Whole Grain Cinnamon Chex  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>21</b> Whole Grain Corn Muffin Loaf  Fresh Orange  100% Apple Juice
<b>24</b> Multigrain Reduced Sugar Frosted Flakes  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>25</b> Whole Wheat Bagel Grape Jelly  Fresh Apple  100% Grape Juice	<b>26</b> Whole Grain Banana Muffin Loaf  Mandarin Orange Cup  100% Apple Juice	<b>27</b>	<b>28</b>