Riverhead Charter School May 2024 Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
All Grain Products are Whole Grain **No Pork Products on the Menu** Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery. **Please report any food allergy to the school nurse.**		**1** Whole Grain Banana Muffin Loaf Mandarin Orange Cup 100% Apple Juice	**2** Cinnamon Toast Crunch Graham Cracker Bears Fresh Apple 100% Grape Juice	**3** Whole Grain Bluberry Muffin Loaf Fresh Orange 100% Apple Juice
6 Whole Grain Honey Nut Cheerios Graham Cracker Bears Fresh Orange 100% Apple Juice	**7** Whole Wheat Blueberry Bagel Grape Jelly Fresh Apple 100% Grape Juice	**8** Whole Grain Banana Muffin Loaf Mandarin Orange Cup 100% Apple Juice	**9** Whole Grain Cinnamon Chex Graham Cracker Bears Fresh Apple 100% Grape Juice	**10** Whole Grain Corn Muffin Loaf Fresh Orange 100% Apple Juice
13 Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice	**14** Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice	**15** Whole Grain Banana Muffin Loaf Mandarin Orange Cup 100% Apple Juice	**16** Cinnamon Toast Crunch Graham Cracker Bears Fresh Apple 100% Grape Juice	**17** Whole Grain Bluberry Muffin Loaf Fresh Orange 100% Apple Juice
20 Whole Grain Honey Nut Cheerios Graham Cracker Bears Fresh Orange 100% Apple Juice	**21** Whole Wheat Blueberry Bagel Grape Jelly Fresh Apple 100% Grape Juice	**22** Whole Grain Banana Muffin Loaf Mandarin Orange Cup 100% Apple Juice	**23** Whole Grain Cinnamon Chex Graham Cracker Bears Fresh Apple 100% Grape Juice	**24** **SCHOOL CLOSED**
27 **MEMORIAL DAY** **SCHOOL** **CLOSED**	**28** **SCHOOL CLOSED**	**29** Whole Grain Banana Muffin Loaf Mandarin Orange Cup 100% Apple Juice	**30** Cinnamon Toast Crunch Graham Cracker Bears Fresh Apple 100% Grape Juice	**31** Whole Grain Bluberry Muffin Loaf Fresh Orange 100% Apple Juice

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)