Riverhead Charter School May 2024 High School Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--------------------------------|-----------------------------------|------------------------------|-------------------------------------|
| All Grain Products | s are Whole Grain | 1 | 2 | 3 |
| No Pork Products on the Menu | | Whole Grain Banana Muffin Loaf | Cinnamon Toast Crunch | Whole Grain Bluberry Muffin Loaf |
| Menu selections may vary from those on the menu | | Yogurt Cup | | String Cheese |
| due to the continued related impact on production, | | | Graham Cracker Bears | |
| distribution, and delivery. | | Mandarin Orange Cup | Fresh Apple | Fresh Orange |
| Please report any food allergy to the school nurse. | | 100% Apple Juice | 100% Grape Juice | 100% Apple Juice |
| 6 | 7 | 8 | 9 | 10 |
| Whole Grain Honey Nut | Whole Wheat Blueberry | Whole Grain Banana | Whole Grain Cinnamon | Whole Grain Corn Muffin |
| Cheerios | Bagel | Muffin Loaf | Chex | Loaf |
| | Grape Jelly | Yogurt Cup | | String Cheese |
| Graham Cracker Bears | | | Graham Cracker Bears | |
| Fresh Orange | Fresh Apple | Mandarin Orange Cup | Fresh Apple | Fresh Orange |
| 100% Apple Juice | 100% Grape Juice | 100% Apple Juice | 100% Grape Juice | 100% Apple Juice |
| 13 | 14 | 15 | 16 | 17 |
| Multigrain Reduced Sugar Frosted Flakes | Whole Wheat Bagel | Whole Grain Banana Muffin Loaf | Cinnamon Toast Crunch | Whole Grain Bluberry Muffin Loaf |
| | Grape Jelly | Yogurt Cup | | String Cheese |
| Graham Cracker Bears | or ape senty | 84. 1 | Graham Cracker Bears | |
| Fresh Orange | Fresh Apple | Mandarin Orange Cup | Fresh Apple | Fresh Orange |
| 100% Apple Juice | 100% Grape Juice | 100% Apple Juice | 100% Grape Juice | 100% Apple Juice |
| 20 21 | | 22 | 23 | 24 |
| Whole Grain Honey Nut Cheerios | Whole Wheat Blueberry Bagel | Whole Grain Banana Muffin Loaf | Whole Grain Cinnamon Chex | SCHOOL CLOSED |
| Cheenos | Grape Jelly | Yogurt Cup | Chex | |
| Graham Cracker Bears | Grape Jeny | fogurt Cup | Graham Cracker Bears | |
| Fresh Orange | Fresh Apple | Mandarin Orange Cup | Fresh Apple | |
| 100% Apple Juice | 100% Grape Juice | 100% Apple Juice | 100% Grape Juice | |
| 27 | 28 | 29 | 30 | 31 |
| MEMORIAL DAY | SCHOOL CLOSED | Whole Grain Banana Muffin Loaf | Cinnamon Toast Crunch | Whole Grain Bluberry Muffin Loaf |
| SCHOOL | | Yogurt Cup | | String Cheese |
| | | | Graham Cracker Bears | |
| CLOSED | | Mandarin Orange Cup | Fresh Apple | Fresh Orange |
| | | 100% Apple Juice | 100% Grape Juice | 100% Apple Juice |

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)