

Riverhead Charter School May 2024 High School Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| All Grain Products are Whole Grain No Pork Products on the Menu Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery. Please report any food allergy to the school nurse. | | 1 | 2 | 3 |
| | | Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice | Cinnamon Toast Crunch Graham Cracker Bears Fresh Apple 100% Grape Juice | Whole Grain Blueberry Muffin Loaf String Cheese Fresh Orange 100% Apple Juice |
| 6 | 7 | 8 | 9 | 10 |
| Whole Grain Honey Nut Cheerios Graham Cracker Bears Fresh Orange 100% Apple Juice | Whole Wheat Blueberry Bagel Grape Jelly Fresh Apple 100% Grape Juice | Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice | Whole Grain Cinnamon Chex Graham Cracker Bears Fresh Apple 100% Grape Juice | Whole Grain Corn Muffin Loaf String Cheese Fresh Orange 100% Apple Juice |
| 13 | 14 | 15 | 16 | 17 |
| Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice | Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice | Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice | Cinnamon Toast Crunch Graham Cracker Bears Fresh Apple 100% Grape Juice | Whole Grain Blueberry Muffin Loaf String Cheese Fresh Orange 100% Apple Juice |
| 20 | 21 | 22 | 23 | 24 |
| Whole Grain Honey Nut Cheerios Graham Cracker Bears Fresh Orange 100% Apple Juice | Whole Wheat Blueberry Bagel Grape Jelly Fresh Apple 100% Grape Juice | Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice | Whole Grain Cinnamon Chex Graham Cracker Bears Fresh Apple 100% Grape Juice | SCHOOL CLOSED |
| 27 | 28 | 29 | 30 | 31 |
| MEMORIAL DAY SCHOOL CLOSED | SCHOOL CLOSED | Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice | Cinnamon Toast Crunch Graham Cracker Bears Fresh Apple 100% Grape Juice | Whole Grain Blueberry Muffin Loaf String Cheese Fresh Orange 100% Apple Juice |

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)