

Riverhead Charter School May 2024 Elementary Lunch Menu

Alternate Lunches Available Daily: Turkey and Cheese on Whole Wheat Bread OR Cheese Sandwich on Whole Wheat Bread , Garden Salad, Fruit, and Choice of Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
All Grain Products are Whole Grain No Pork Products on the Menu Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery. Please report any food allergy to the school nurse.		1 Beefed Up Italian Meat Sauce Whole Wheat Penne Pasta Steamed Broccoli Fresh Pear	2 Chicken Strips w/ Cheese & Whole Grain Dinner Roll Vegetarian Baked Beans Fresh Apple	3 Tony's Cheese Pizza Cabbage & Mixed Vegetables Mandarin Orange Cup
6	7	8	9	10
Turkey Sausage Patty Whole Grain Pancakes Syrup Tater Tots Fresh Apple	Chicken Tenders Brown Rice Glazed Carrots Mixed Fruit Cup	Beef Meatballs Whole Wheat Penne Pasta Marinara Sauce Steamed Broccoli Fresh Pear	BBQ Chicken Whole Grain Dinner Roll Vegetarian Baked Beans Fresh Apple	Tony's Cheese Pizza Seasoned Green Beans Mandarin Orange Cup
13	14	15	16	17
Chicken Nuggets Whole Grain Waffle Syrup Tater Tots Fresh Apple	Curry Chicken Brown Rice Glazed Carrots Mixed Fruit Cup	1/2 DAY NO LUNCH	Honey Mustard Chicken Whole Grain Dinner Roll Vegetarian Baked Beans Fresh Apple	Tony's Cheese Pizza Cabbage & Mixed Vegetables Mandarin Orange Cup
20	21	22	23	24
Turkey Sausage Patty Whole Grain French Toast Sticks Syrup Tater Tots Fresh Apple	Sauteed Chicken Breast Brown Rice Glazed Carrots Mixed Fruit Cup	Beef Meatballs Whole Wheat Penne Pasta Marinara Sauce Steamed Broccoli Fresh Pear	Cheeseburger on a WG Bun Vegetarian Baked Beans Fresh Apple	SCHOOL CLOSED
27	28	29	30	31
MEMORIAL DAY SCHOOL CLOSED	SCHOOL CLOSED	Beefed Up Italian Meat Sauce Whole Wheat Penne Pasta Steamed Broccoli Fresh Pear	Chicken Strips w/ Cheese & Whole Grain Dinner Roll Vegetarian Baked Beans Fresh Apple	Tony's Cheese Pizza Cabbage & Mixed Vegetables Mandarin Orange Cup

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)