

## Riverhead Charter School April 2024 Middle School Lunch Menu

**Alternate Lunches Available Daily: Turkey and Cheese on Whole Wheat Bread OR Cheese Sandwich on Whole Wheat Bread , Garden Salad, Fruit, and Choice of Milk.**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <b>SCHOOL CLOSED</b>	<b>2</b> Jamaican Brown Stew Brown Rice Glazed Carrots Mixed Fruit Cup	<b>3</b> Beefed Up Italian Meat Sauce Whole Wheat Penne Pasta Steamed Broccoli Fresh Pear	<b>4</b> Chicken Strips with Cheese & Whole Grain Dinner Roll Vegetarian Baked Beans Fresh Apple	<b>5</b> Tony's Cheese Pizza Seasoned Green Beans Mandarin Orange Cup
<b>8</b> Turkey Sausage Patty Whole Grain Pancakes Syrup Tater Tots Fresh Apple	<b>9</b> Chicken Tenders Brown Rice Glazed Carrots Mixed Fruit Cup	<b>10</b> Beef Meatballs Whole Wheat Penne Pasta Marinara Sauce Steamed Broccoli Fresh Pear	<b>11</b> BBQ Chicken Whole Grain Dinner Roll Vegetarian Baked Beans Fresh Apple	<b>12</b> Tony's Cheese Pizza Cabbage & Mixed Vegetables Mandarin Orange Cup
<b>15</b> Chicken Nuggets Whole Grain Waffle Syrup Tater Tots Fresh Apple	<b>16</b> Curry Chicken Brown Rice Glazed Carrots Mixed Fruit Cup	<b>17</b> Beefed Up Italian Meat Sauce Whole Wheat Penne Pasta Steamed Broccoli Fresh Pear	<b>18</b> Tony's Cheese Pizza Cabbage & Mixed Vegetables Mandarin Orange Cup	<b>19</b>  <b>1/2 DAY- NO LUNCH SERVED</b>
<b>22</b>  <b>SCHOOL CLOSED</b>	<b>23</b>  <b>SCHOOL CLOSED</b>	<b>24</b>  <b>SCHOOL CLOSED</b>	<b>25</b>  <b>SCHOOL CLOSED</b>	<b>26</b>  <b>SCHOOL CLOSED</b>
<b>29</b> Chicken Nuggets Whole Grain Waffle Syrup Tater Tots Fresh Apple	<b>30</b> Jamaican Brown Stew Brown Rice Glazed Carrots Mixed Fruit Cup	<p><b>All Grain Products are Whole Grain</b></p> <p><b>No Pork Products on the Menu</b></p> <p><b>Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery.</b></p> <p><b>Please report any food allergy to the school nurse.</b></p>		

**All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)**