

Riverhead Charter School April 2024 Elementary Lunch Menu

Alternate Lunches Available Daily: Turkey and Cheese on Whole Wheat Bread OR Cheese Sandwich on Whole Wheat Bread , Garden Salad, Fruit, and Choice of Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
1 SCHOOL CLOSED	2 Jamaican Brown Stew Brown Rice Glazed Carrots Mixed Fruit Cup	3 Beefed Up Italian Meat Sauce Whole Wheat Penne Pasta Steamed Broccoli Fresh Pear	4 Chicken Strips w/ Cheese & Whole Grain Dinner Roll Vegetarian Baked Beans Fresh Apple	5 Tony's Cheese Pizza Seasoned Green Beans Mandarin Orange Cup
8 Turkey Sausage Patty Whole Grain Pancakes Syrup Tater Tots Fresh Apple	9 Chicken Tenders Brown Rice Glazed Carrots Mixed Fruit Cup	10 Beef Meatballs Whole Wheat Penne Pasta Marinara Sauce Steamed Broccoli Fresh Pear	11 BBQ Chicken Whole Grain Dinner Roll Vegetarian Baked Beans Fresh Apple	12 Tony's Cheese Pizza Cabbage & Mixed Vegetables Mandarin Orange Cup
15 Chicken Nuggets Whole Grain Waffle Syrup Tater Tots Fresh Apple	16 Curry Chicken Brown Rice Glazed Carrots Mixed Fruit Cup	17 Beefed Up Italian Meat Sauce Whole Wheat Penne Pasta Steamed Broccoli Fresh Pear	18 Tony's Cheese Pizza Cabbage & Mixed Vegetables Mandarin Orange Cup	19 1/2 DAY- NO LUNCH SERVED
22 SCHOOL CLOSED	23 SCHOOL CLOSED	24 SCHOOL CLOSED	25 SCHOOL CLOSED	26 SCHOOL CLOSED
29 Chicken Nuggets Whole Grain Waffle Syrup Tater Tots Fresh Apple	30 Jamaican Brown Stew Brown Rice Glazed Carrots Mixed Fruit Cup	<p>All Grain Products are Whole Grain</p> <p>No Pork Products on the Menu</p> <p>Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery.</p> <p>Please report any food allergy to the school nurse.</p>		

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)