

## Riverhead Charter School April 2024 High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <b>SCHOOL CLOSED</b>	<b>2</b> Whole Wheat Bagel  Grape Jelly  Fresh Apple  100% Grape Juice	<b>3</b> Whole Grain Banana Muffin Loaf Yogurt Cup  Mandarin Orange Cup  100% Apple Juice	<b>4</b> Cinnamon Toast Crunch  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>5</b> Whole Grain Blueberry Muffin Loaf String Cheese  Fresh Orange  100% Apple Juice
<b>8</b> Whole Grain Honey Nut Cheerios  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>9</b> Whole Wheat Blueberry Bagel Grape Jelly  Fresh Apple  100% Grape Juice	<b>10</b> Whole Grain Banana Muffin Loaf Yogurt Cup  Mandarin Orange Cup  100% Apple Juice	<b>11</b> Whole Grain Cinnamon Chex  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>12</b> Whole Grain Corn Muffin Loaf String Cheese  Fresh Orange  100% Apple Juice
<b>15</b> Multigrain Reduced Sugar Frosted Flakes  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>16</b> Whole Wheat Bagel  Grape Jelly  Fresh Apple  100% Grape Juice	<b>17</b> Whole Grain Banana Muffin Loaf Yogurt Cup  Mandarin Orange Cup  100% Apple Juice	<b>18</b> Cinnamon Toast Crunch  Graham Cracker Bears Fresh Apple  100% Grape Juice	<b>19</b> Whole Grain Blueberry Muffin Loaf String Cheese  Fresh Orange  100% Apple Juice
<b>22</b>  <b>SCHOOL CLOSED</b>	<b>23</b>  <b>SCHOOL CLOSED</b>	<b>24</b>  <b>SCHOOL CLOSED</b>	<b>25</b>  <b>SCHOOL CLOSED</b>	<b>26</b>  <b>SCHOOL CLOSED</b>
<b>29</b> Multigrain Reduced Sugar Frosted Flakes  Graham Cracker Bears Fresh Orange  100% Apple Juice	<b>30</b> Whole Wheat Bagel  Grape Jelly  Fresh Apple  100% Grape Juice	<p><b>All Grain Products are Whole Grain</b></p> <p><b>No Pork Products on the Menu</b></p> <p><b>Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery.</b></p> <p><b>Please report any food allergy to the school nurse.</b></p>		

**All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)**