Riverhead Charter School April 2024 Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Whole Wheat Bagel	Whole Grain Banana Muffin Loaf	Cinnamon Toast Crunch	Whole Grain Bluberry Muffin Loaf
	Grape Jelly			
SCHOOL CLOSED			Graham Cracker Bears	
	Fresh Apple	Mandarin Orange Cup	Fresh Apple	Fresh Orange
	100% Grape Juice	100% Apple Juice	100% Grape Juice	100% Apple Juice
8	9	10	11	12
Whole Grain Honey Nut	Whole Wheat Blueberry	Whole Grain Banana	Whole Grain Cinnamon	Whole Grain Corn Muffin
Cheerios	Bagel	Muffin Loaf	Chex	Loaf
Graham Cracker Bears	Grape Jelly		Graham Cracker Bears	
Fresh Orange	Fresh Apple	Mandarin Orange Cup	Fresh Apple	Fresh Orange
100% Apple Juice	100% Grape Juice	100% Apple Juice	100% Grape Juice	100% Apple Juice
15	16	17	18	19
Multigrain Reduced Sugar Frosted Flakes	Whole Wheat Bagel	Whole Grain Banana Muffin Loaf	Cinnamon Toast Crunch	Whole Grain Bluberry Muffin Loaf
Trosted Hakes	Grape Jelly			
Graham Cracker Bears	,		Graham Cracker Bears	
Fresh Orange	Fresh Apple	Mandarin Orange Cup	Fresh Apple	Fresh Orange
100% Apple Juice	100% Grape Juice	100% Apple Juice	100% Grape Juice	100% Apple Juice
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22	23	24	25	26
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
20			arain Products are Whole G	rain
29 Multigrain Reduced Sugar	30 Whole Wheat Bagel			
Frosted Flakes	_	No Pork Products on the Menu		
Graham Cracker Bears	Grape Jelly	Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery. Please report any food allergy to the school nurse.		
Fresh Orange	Fresh Apple			
100% Apple Juice	100% Grape Juice			

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)